



Omega Vitalis is formulated to provide Omega-3 fatty acids in their most beneficial forms—DHA, EPA, and DPA. Omega-3s are essential fatty acids, meaning they cannot be produced by the body and must be supplied through the diet. Omega Vitalis also supports flexible, healthy joints.

Ingredients:

Wheat Starch, Marine Microalgae Oil, Fructooligosaccharides (F.O.S.), Coenzyme Q10, Potato Starch, Dried Whey Protein Concentrate, Mixed Tocopherols, Banana Flavoring

How and Why It Works:

- **DHA, EPA, and DPA** offer powerful anti-inflammatory benefits, support cardiovascular health, promote optimal vision, and are vital for brain development.
- While plant-based sources like flaxseed oil contain Omega-3 precursors, they do not naturally provide DHA, EPA, or DPA. Conversion of flax-derived Omega-3s to DHA through gut bacterial fermentation is highly inefficient, with less than 0.5% conversion. Only marine sources, such as fish oils, deliver these critical components directly.
- **CoQ10** is essential for producing energy within the cells, acts as a powerful antioxidant helping to protect cells from external damage, and potentially improving overall heart health.

Guaranteed Analysis:

Protein (min): 4%
Fat (min): 29%
Fiber (max): 6%
Soluble Fiber (max): 6%
Ash (max): 1%
Omega 6: 0.4 g
Omega 3: 4.0 g
EPA: 0.8 g
DPA: 0.15 g
DHA: 2.7 g

Daily nutrients provided when feeding 20 g of supplement:

Nutrients	Total Fed
Protein	0.8 g
Fat	6.0 g
Fiber	1.2 g
Carbohydrate	12.0 g
Alanine	0.1 g
Aspartic Acid	0.1 g
Glutamic Acid	0.2 g
Isoleucine	0.1 g
Leucine	0.1 g
Lysine	0.1 g
Proline	0.1 g
Serine	0.1 g
Threonine	0.1 g
Valine	0.1 g
Omega 6	0.4 g
Omega 3	4.0 g
EPA	0.8 g
DPA	0.2 g
DHA	2.7 g

Recommended Feeding Guidelines:

Feed 5 g per 100 kg body weight daily.

Each 5 g serving provides approximately:

• 800 mg DHA • 240 mg EPA • 45 mg DPA

For best results, divide the daily serving into two feedings; morning and evening.